

How to Communicate with the Child You're Meant to Have: A Guide to Building a Strong and Lasting Connection

As parents, we all want to have a close and loving relationship with our children. But sometimes, communication can be a challenge. We may not always understand what our children are trying to tell us, or we may not know how to respond in a way that is helpful and supportive.



Spirit Babies: How to Communicate with the Child

You're Meant to Have by Walter Makichen

★★★★★ 4.7 out of 5

Language	: English
File size	: 1992 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 228 pages



In her book, *How to Communicate with the Child You're Meant to Have*, author and child development expert Dr. Jane Nelsen provides a roadmap for building strong and lasting communication with your child. She offers practical advice and strategies for:

- Understanding your child's unique communication style
- Creating a safe and supportive environment for communication

- Listening actively to your child
- Responding in a way that is respectful and empathetic
- Setting limits and boundaries while maintaining a positive relationship

Dr. Nelsen's approach is based on the principles of Positive Discipline, which focuses on teaching children self-discipline, responsibility, and cooperation. She believes that by communicating with our children in a positive and respectful way, we can help them develop into healthy and happy individuals.

What You'll Learn from This Book

In *How to Communicate with the Child You're Meant to Have*, you will learn:

- How to identify your child's unique communication style
- How to create a safe and supportive environment for communication
- How to listen actively to your child
- How to respond in a way that is respectful and empathetic
- How to set limits and boundaries while maintaining a positive relationship
- How to communicate with your child about difficult topics
- How to resolve conflict peacefully

Who This Book Is For

How to Communicate with the Child You're Meant to Have is a valuable resource for any parent who wants to build a strong and lasting relationship

with their child. It is especially helpful for parents of:

- Children who are struggling with communication
- Children who are going through a difficult time
- Parents who want to improve their communication skills
- Parents who want to learn more about Positive Discipline

About the Author

Dr. Jane Nelsen is a world-renowned child development expert and author of over 20 books on parenting and discipline. She is the founder of Positive Discipline, a non-profit organization that provides training and resources to parents and educators.

Dr. Nelsen's books have been translated into over 30 languages and have sold over 4 million copies worldwide. She is a frequent speaker at conferences and workshops on parenting and child development.

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Reviews

"Dr. Nelsen's book is a must-read for any parent who wants to build a strong and lasting relationship with their child. Her practical advice and strategies are based on sound research and will help you to communicate

with your child in a way that is respectful, empathetic, and effective." - Dr. Laura Markham, author of Peaceful Parent, Happy Kids

"This book is a game-changer for parents. Dr. Nelsen provides clear and concise guidance on how to communicate with your child in a way that fosters connection and understanding. I highly recommend this book to any parent who wants to have a closer relationship with their child." - Vanessa Lapointe, author of Discipline Without Damage

"Dr. Nelsen's book is a valuable resource for any parent who wants to learn more about Positive Discipline. Her approach is based on respect and cooperation, which provides a solid foundation for building a strong and lasting relationship with your child." - Dr. Alan Kazdin, author of The Kazdin Method for Parenting the Defiant Child



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