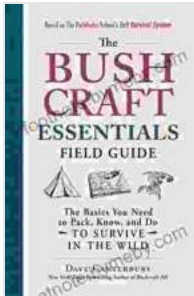


The Basics You Need To Pack, Know, And Do To Survive In The Wild



The Bushcraft Essentials Field Guide: The Basics You Need to Pack, Know, and Do to Survive in the Wild

by Dave Canterbury

★★★★☆ 4.8 out of 5

Language : English

File size : 11467 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Print length : 305 pages



If you ever find yourself stranded in the wilderness, don't panic! This article will teach you the basics of wilderness survival. You'll learn how to find food, water, shelter, and more.

What to Pack

1. A map and compass
2. A fire starter
3. A knife
4. A water bottle or purification system
5. Food
6. Shelter

7. First aid kit
8. Insect repellent
9. Sunscreen
10. Whistle

What to Know

- How to find food and water
- How to build a shelter
- How to start a fire
- How to navigate with a map and compass
- How to treat injuries and illnesses
- How to signal for help

What to Do

1. Stay calm and assess your situation.
2. Find shelter and water.
3. Start a fire.
4. Find food.
5. Signal for help.

Bonus Tips

- Let someone know your itinerary before you go.
- Carry a whistle and signal mirror.

- Stay hydrated.
- Be aware of your surroundings.
- Don't panic.

Wilderness survival is a skill that can save your life. By following these tips, you'll be prepared to handle anything the wilderness throws your way.



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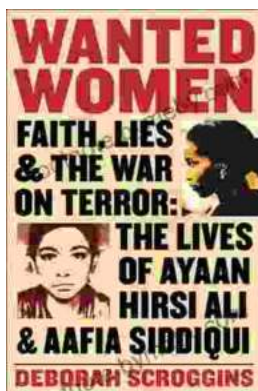
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