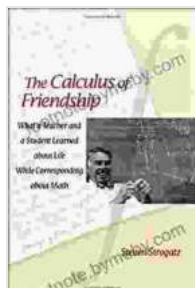


The Calculus of Friendship: A Journey of Discovery



The Calculus of Friendship: What a Teacher and a Student Learned about Life while Corresponding about Math by Gordon MacQuarrie

★★★★☆ 4.5 out of 5

Language : English
File size : 4102 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 174 pages



Friendship is one of the most important things in life. It can make us happier, healthier, and more productive. But what is friendship, exactly? And how can we cultivate and maintain healthy friendships?

In her new book, *The Calculus of Friendship*, social psychologist Amy Cuddy explores the mathematical and emotional complexities of friendship. Drawing on her own research, Cuddy shows how we can use the principles of calculus to understand and improve our friendships.

Cuddy argues that friendship is a dynamic process, constantly changing and evolving. Just like a mathematical equation, friendship is made up of a number of different variables, including trust, intimacy, reciprocity, and

support. When these variables are in balance, friendship can flourish. But when they are out of balance, friendship can suffer.

Cuddy uses the principles of calculus to show how we can identify and address the imbalances in our friendships. She also provides practical advice on how to build and maintain healthy friendships. For example, she suggests that we should:

- Be willing to invest in our friendships.
- Be honest and open with our friends.
- Be supportive and understanding.
- Forgive our friends when they make mistakes.
- Let our friends know how much we care about them.

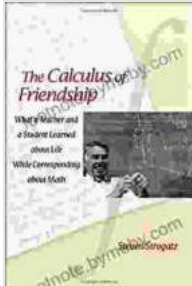
The Calculus of Friendship is a fascinating and insightful book that will help you to understand and appreciate the power of friendship. Cuddy's writing is clear and engaging, and her research is groundbreaking. This book is a must-read for anyone who wants to build and maintain healthy friendships.

About the Author

Amy Cuddy is a social psychologist and professor at Harvard Business School. Her research focuses on the power of body language and the science of presence. She is the author of the bestselling book *Presence: Bringing Your Boldest Self to Your Biggest Challenges*.

Free Download Your Copy Today

The Calculus of Friendship is available now from all major booksellers. Free Download your copy today and start your journey to a better understanding of friendship.

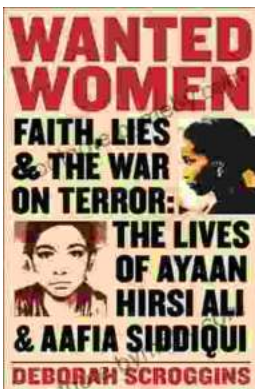


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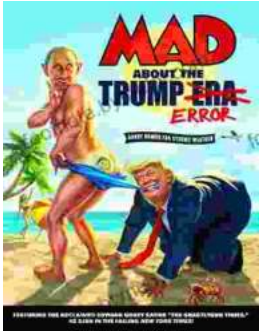
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