

# The Complete Guide to Survival Food Gardening in the Sunshine State: Grow Your Own Food in Any Emergency

Are you prepared for an emergency? If not, you're not alone. Most Americans are not prepared to survive a major disaster, such as a hurricane, earthquake, or terrorist attack. One of the most important things you can do to prepare for an emergency is to learn how to grow your own food.



## Florida Survival Gardening: The Complete Guide to Survival Food Gardening in the Sunshine State

by David The Good

★★★★☆ 4.4 out of 5

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The Sunshine State is a great place to grow food. The climate is warm and humid, and there is plenty of sunshine. This means that you can grow a wide variety of fruits, vegetables, and herbs.

This guide will teach you everything you need to know about survival food gardening in the Sunshine State. You'll learn how to choose the right

plants, how to plant and care for them, and how to harvest and store your food.

## **Chapter 1: Choosing the Right Plants**

The first step in survival food gardening is to choose the right plants. You'll want to choose plants that are easy to grow, that are nutritious, and that will produce a good yield.

Some good choices for survival food gardening in the Sunshine State include:

- Fruits: bananas, citrus fruits, mangoes, papayas, pineapples
- Vegetables: beans, corn, sweet potatoes, tomatoes, squash
- Herbs: basil, chives, cilantro, mint, oregano

## **Chapter 2: Planting and Care**

Once you've chosen your plants, it's time to plant them. The best time to plant in the Sunshine State is in the spring or fall, when the weather is mild.

When planting your plants, be sure to choose a location that gets plenty of sunlight and has well-drained soil. You should also space your plants according to the directions on the seed packet.

Once your plants are planted, you'll need to water them regularly and fertilize them according to the directions on the fertilizer package.

## **Chapter 3: Harvesting and Storage**

Once your plants have matured, it's time to harvest them. The best time to harvest fruits and vegetables is when they are ripe. Herbs can be harvested throughout the growing season.

Once you've harvested your food, you'll need to store it properly. Fruits and vegetables can be stored in the refrigerator or freezer. Herbs can be dried or frozen.

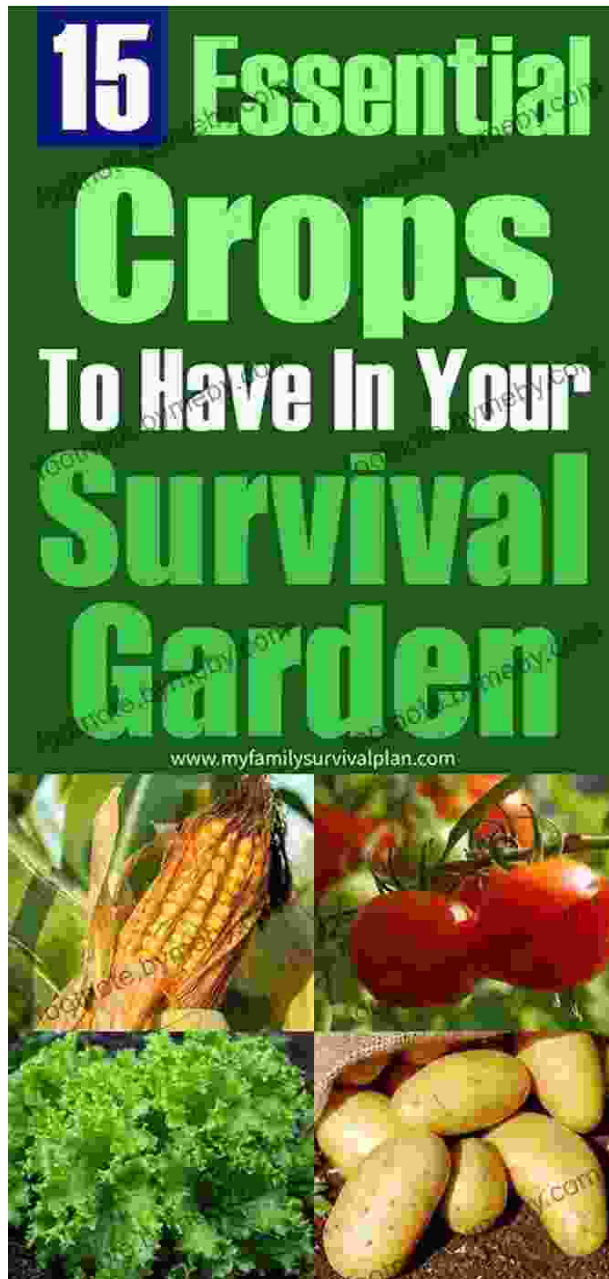
## **Chapter 4: Emergency Food Storage**

In addition to growing your own food, you should also store emergency food supplies. This food should be non-perishable and easy to prepare. Some good choices for emergency food storage include:

- Canned goods
- Dried foods
- Freeze-dried foods
- MREs

Growing your own food is a great way to prepare for an emergency. By following the tips in this guide, you can learn how to grow your own food in the Sunshine State and ensure that you and your family have a reliable food source in any emergency.

Free Download your copy of *The Complete Guide to Survival Food Gardening in the Sunshine State* today!



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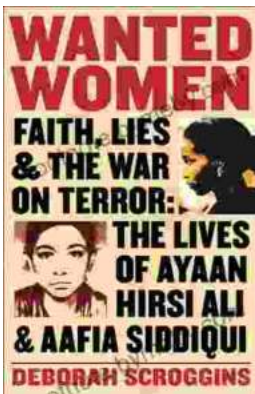
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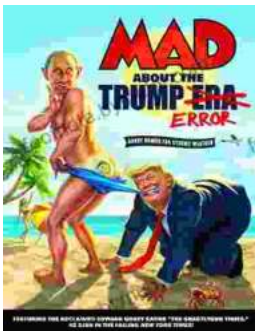
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