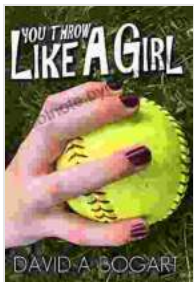


# You Throw Like a Girl: Own Your Story, Embrace Your Boldness, and Hit Life with Purpose



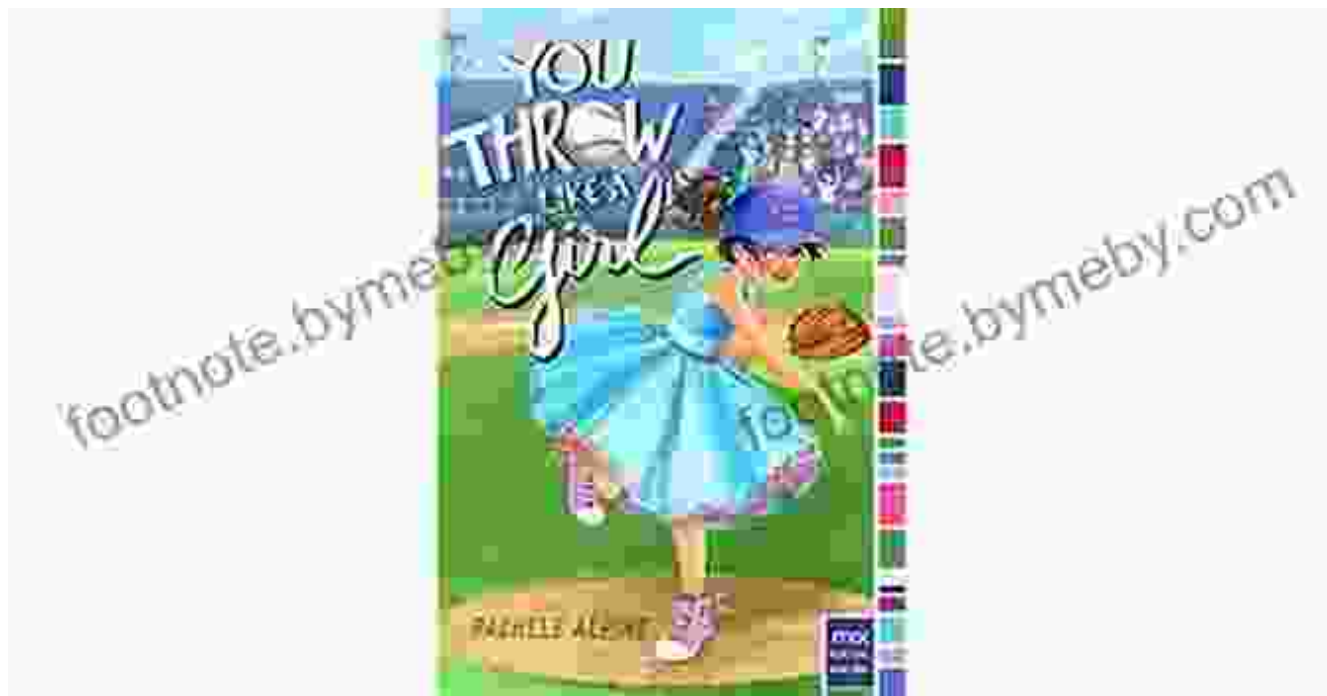
**You Throw Like A Girl (That's Life...)** by David A. Bogart

★★★★★ 5 out of 5

Language : English  
File size : 25814 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 234 pages  
Lending : Enabled

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Have you ever been told, "You throw like a girl"? Or maybe, "You run like a girl"? If so, you know how those words can sting.

But what if we reframed that phrase? What if we said, "You throw like a girl"? And we meant it as a compliment? That's exactly what certified life coach Alison Levine does in her new book, *You Throw Like a Girl*.

In this empowering and inspiring book, Alison shares her own journey of self-discovery and personal growth. She shows us how to embrace our unique voice, overcome challenges, and live a life filled with meaning.

### **What You'll Learn in *You Throw Like a Girl***

- How to identify your core values and live in alignment with them
- How to overcome self-doubt and limiting beliefs
- How to build resilience and bounce back from setbacks
- How to set goals and achieve them
- How to live a life of purpose and passion

### **About the Author**

Alison Levine is a certified life coach and the founder of the Bold New U program. She has helped hundreds of women to find their voice, overcome challenges, and live a life of purpose. Alison is passionate about empowering women to reach their full potential and live a life they love.

Learn more about Alison and her work at [boldnewu.com](http://boldnewu.com).

### **Call to Action**

If you're ready to embrace your boldness and hit life with purpose, then *You Throw Like a Girl* is the book for you. Free Download your copy today and start living the life you were meant to live.

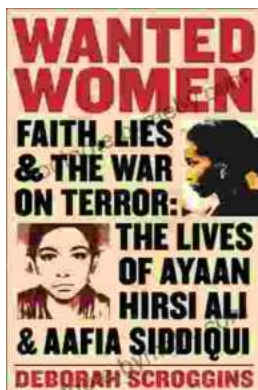
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